

# Must See Websites

## Career Assessments for Transition Planning

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This is a different more entertaining career exploration site, select your car & accessorize as you answer career questions.  
<http://www.driveofyourlife.org/>

For a quick an easy document for planning a program of study for a career cluster check out:  
<http://www.careerclusters.org/resources/web/pos.cfm>

For free handouts on career clusters go to:  
<http://www.iluccte.org/cteillinois.htm>

An absolutely necessity for learning how to write measurable post school goals and objectives and to answer ANY question about secondary transition. This reference will take you directly to issues related to Indicator 13:  
<http://www.nsttac.org/indicator13/indicator13.aspx>

Illinois One Source for a free career exploration program—check out CIS Jr for students.  
<http://www.ilworkinfo.com/icrn.htm>

Here is a timeline for career transition  
[http://ilcis.intocareers.org/Viewhtml.aspx?File=/materials/parents\\_important.htm](http://ilcis.intocareers.org/Viewhtml.aspx?File=/materials/parents_important.htm)

To read about transition assessments and for some sample “paper and pencil” activities:  
<http://www.ncwd-youth.info/assets/guides/assessment/AssessGuideComplete.pdf>

Full Career Resources:

<http://www.careercruising.com>  
[http://www.careerkey.org/asp/getting\\_started.asp](http://www.careerkey.org/asp/getting_started.asp)  
[http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)  
<http://www.cdm.uwaterloo.ca/index2.asp>  
<http://my.monster.com/Career-Management/Landing.aspx>  
<http://www.careervoyages.gov>  
<http://www.canadiancareers.com/index.html>  
[https://secure.illinoismentor.org/career/careercenter/career\\_self\\_assessment.asp](https://secure.illinoismentor.org/career/careercenter/career_self_assessment.asp)

**Steve Wolfe has compiled an awesome set of websites listed according to the model from the University of Waterloo. You can find the original at the following:**

<http://www.vase.k12.il.us/Services/Transition/TransitionTools/CareerDevelopment/CareerLessonPlanIndex.htm>

Here is his amazing collection—most of which are free:

## 1. Self Assessment

- 1.1. Personality- [CC\*] Personality Assessment tool located on each student's portfolio homepage.
  - 1.1.1.1. [\*CC] = <http://www.careercruising.com> \$\$
  - 1.1.1.2. <http://www.humanmetrics.com>
  - 1.1.1.3. <http://careerprep.ops.org/careerassessments.html>
  - 1.1.1.4. <http://www.alis.gov.ab.ca/ec/cp/cpt/planning-tools.html>
  - 1.1.1.5. <http://www.colorize.com/colorme.asp> (very visual assessment)
  - 1.1.1.6. <http://test.personality-project.org/> (known as the "Big-5" Personality Test)
  - 1.1.1.7. <http://www.keirsev.com/>
- 1.2. Values- [CC] Career Selector with Careers Section
  - 1.2.1.1. [http://library.thinkquest.org/J001709/thinkquest\\_values/introfolder/intropage\\_frameset.html](http://library.thinkquest.org/J001709/thinkquest_values/introfolder/intropage_frameset.html) (late elementary starting point & review for later)
  - 1.2.1.2. <http://www.alis.gov.ab.ca/ec/cp/cpt/planning-tools.html>
- 1.3. Perception of My Disability –
  - 1.3.1.1. <http://www.vase.k12.il.us/Services/Transition/Articles/MyPerceptionsOfMyDisability.doc>
  - 1.3.1.2. [http://www.ncwd-youth.info/resources\\_&\\_Publications/411.html](http://www.ncwd-youth.info/resources_&_Publications/411.html)
  - 1.3.1.3. <http://pubsites.uws.edu.au/rdlo/disclosure/index2.htm>
  - 1.3.1.4. <http://www.jan.wvu.edu/>
  - 1.3.1.5. <http://www.difabilities.net/Teachers.htm>
- 1.4. Skills
  - 1.4.1. Social Skills
    - 1.4.1.1. <http://www.pearsonassessments.com/ssrs.aspx> \$\$\$\$\$
    - 1.4.1.2. <http://paulsimonchicago.jobcorps.gov/socialskills.htm>
    - 1.4.1.3. [http://paulsimonchicago.jobcorps.gov/vocational\\_trades.htm](http://paulsimonchicago.jobcorps.gov/vocational_trades.htm)
    - 1.4.1.4. <http://www.vase.k12.il.us/Services/Transition/Articles/SocialSkillsLessonPlanStarter.pdf>
    - 1.4.1.5. <http://www.parenting.org/behavior/socialskills/>
    - 1.4.1.6. <http://www.lessonplanet.com/search?keywords=social+skills&rating=3> Lesson Plans
    - 1.4.1.7. <http://pbiscompendium.ssd.k12.mo.us/ResourcesSchools/SSD/SocialSkills/activiti.htm> Large Compilation of Lesson Plans
    - 1.4.1.8. <http://www.cloudnet.com/~edrbsass/affectiveeducation.htm> Lesson Plans on Affective Skills
    - 1.4.1.9. <http://www.cccoe.net/social/skillslist.htm> Complete & Organized list of social skills Lessons
    - 1.4.1.10. <http://www.cccoe.net/social/opening.htm>... So! Better Start at the Beginning
  - 1.4.2. Academic Skills & Critical Thinking
    - 1.4.2.1. <http://careerprep.ops.org/gradplanning.php>
    - 1.4.2.2. <http://www.career.fsu.edu/occupations/matchmajor/>
    - 1.4.2.3. <http://ilcis.intocareers.org/portfolio/Activities/EducationPlans/Activities/RelatingMyEducationToGoals.pdf>
    - 1.4.2.4. <http://www.vase.k12.il.us/Services/Transition/Articles/CriticalThinkingSkillsPedagogy.pdf>
  - 1.4.3. Work Skills- My Skills assessment in Career Matchmaker
    - 1.4.3.1. *ACTWorkskills AND WORKKEYS ASSESSMENTS*
    - 1.4.3.2. [http://www.keytrain.com/keytrain/ktn\\_about.asp](http://www.keytrain.com/keytrain/ktn_about.asp) \$\$\$\$\$
    - 1.4.3.3. <http://www.act.org/workkeys/assess/index.html> \$\$\$\$\$
    - 1.4.3.4. <http://www.vase.k12.il.us/Services/Transition/Articles/CO-TK-DomainTransitionSkillTracker.pdf>
    - 1.4.3.5. <http://www.vase.k12.il.us/Services/Transition/Articles/Overview of Employability Assessment.pdf>
  - 1.4.4. Independent Living & Self-Determination
    - 1.4.4.1. [http://www.caseylifeskills.org/pages/assess/assess\\_acls.htm](http://www.caseylifeskills.org/pages/assess/assess_acls.htm)
    - 1.4.4.2. <http://www.vase.k12.il.us/Services/Transition/Articles/Checklist-TransitionEducationIndicators.pdf>
    - 1.4.4.3. [http://www.vase.k12.il.us/Services/Transition/Articles/AIR-Self-Determination\\_Educator.pdf](http://www.vase.k12.il.us/Services/Transition/Articles/AIR-Self-Determination_Educator.pdf)
    - 1.4.4.4. <http://www.vase.k12.il.us/Services/Transition/Articles/AIR-Self-DeterminationScale-ParentForm.pdf>
    - 1.4.4.5. <http://www.vase.k12.il.us/Services/Transition/Articles/AIR-Self-DeterminationScale-StudentForm.pdf>
    - 1.4.4.6. <http://www.vase.k12.il.us/Services/Transition/Articles/AIR-Self-DeterminationScale-UserGuide.pdf>
    - 1.4.4.7. <http://www.vase.k12.il.us/Services/Transition/Articles/Overview of Independent Living.pdf>

- 1.4.4.8. <http://www.vase.k12.il.us/Services/Transition/Articles/TRANSITION PLANNING SELF INVENTORY.doc>
- 1.4.4.9. <http://www.vase.k12.il.us/Services/Transition/Articles/RuralInstitute-StudentPlanningWorkbook.pdf>
- 1.4.4.10. <http://www.vase.k12.il.us/Services/Transition/Articles/RuralInstitute-WorkExperienceManual.pdf>
- 1.4.4.11. <http://urbanext.illinois.edu/ce/strat-index.html#prim>

#### 1.4.5. Conflict Management Skills

- 1.4.5.1. [http://humanresources.about.com/od/managementtips/a/conflict\\_solue.htm](http://humanresources.about.com/od/managementtips/a/conflict_solue.htm)
- 1.4.5.2. <http://managementhelp.org/intrpsnl/basics.htm>
- 1.4.5.3. [http://www.themanager.org/hr/workplace\\_conflict.htm](http://www.themanager.org/hr/workplace_conflict.htm)
- 1.4.5.4. <http://disputeresolution.ohio.gov/country/us.htm> scroll down to links
- 1.4.5.5. [http://www.newconversations.net/communication\\_skills\\_workbook\\_introduction.htm](http://www.newconversations.net/communication_skills_workbook_introduction.htm)

#### 1.5. Interests- [CC] Career Interest Inventory: Matchmaker

- 1.5.1.1. <http://career.missouri.edu/students/explore/thecareerinterestsgame.php>
- 1.5.1.2. <http://www.roguecc.edu/Counseling/HollandCodes/test.asp>
- 1.5.1.3. <http://www.self-directed-search.com>
- 1.5.1.4. <http://www.nycareerzone.org/graphic/assessment/index.jsp>
- 1.5.1.5. <http://www.disabilitytraining.com/rfvs.html>
- 1.5.1.6. <http://www.asvabprogram.com/index.cfm?fuseaction=overview.test>
- 1.5.1.7. [http://www.caseylifefskills.org/pages/assess/assess\\_aclsa.htm](http://www.caseylifefskills.org/pages/assess/assess_aclsa.htm)
- 1.5.1.8. <http://www.careerprep.org/careerpath.htm>
- 1.5.1.9. <http://www.indiana.edu/~rpajobs/> (sports oriented)
- 1.5.1.10. <http://ilcis.intocareers.org/loginmain.aspx?cookieTest=y>
- 1.5.1.11. <http://www.vase.k12.il.us/Services/Transition/Articles/AIR-CareerClusterInterestSurvey.pdf>
- 1.5.1.12. <http://www.vase.k12.il.us/Services/Transition/Articles/QuickbookGuideToTransitionAssessments.pdf>
- 1.5.1.13. <http://www.vase.k12.il.us/Services/Transition/Articles/AssessmentGuide-Complete.pdf>

#### 1.6. Multiple Intelligences- [CC] Learning Styles Inventory tool located on each students portfolio homepage.

- 1.6.1.1. <http://metamath.com/lswb/dvclearn.htm>
- 1.6.1.2. <http://www.vase.k12.il.us/Services/Transition/Articles/CITE-Learning Styles.pdf>
- 1.6.1.3. <http://www.lesley.edu/faculty/kholmes/presentations/MI.html>
- 1.6.1.4. [http://www.bgfl.org/bgfl/custom/resources\\_ftp/client\\_ftp/ks3/ict/multiple\\_int/questions/questions.cfm](http://www.bgfl.org/bgfl/custom/resources_ftp/client_ftp/ks3/ict/multiple_int/questions/questions.cfm)
- 1.6.1.5. <http://literacyworks.org/mi/assessment/findyourstrengths.html>
- 1.6.1.5. <http://surfaquarium.com/Mi/inventory.htm>

#### 1.7. Entrepreneurialism

- 1.7.1.1. <http://www.mvp.cfee.org/en/selfassessment.html>

#### 1.8. Parent/Community/Team involvement

- 1.8.1.1. <http://www.vase.k12.il.us/Services/Transition/Articles/TransitionToolkitForParents.pdf>

### 2. Career Research

#### 2.1. Career Lab Experience- 8<sup>th</sup> Grade Career Lab Day; Available for all students

#### 2.2. Career Information

- 2.2.1.1. <http://www.khake.com/page94.html>
- 2.2.2. [CC] Online Career Exploration/Assessment Programs (such as Career Cruising )
- 2.2.3. [CC] Career Research Papers/projects- Career Cruising Activities within the program set located in "i" section.
- 2.2.4. [CC] Gaining Experience- Career Planning Activities under Career Preparation in My Portfolio Homepage

#### 2.3. Career Information Interviews - [CC] Career Profiles Interviews

#### 2.4. Career Trends - [CC] Occupational Outlook Handbook Information located on the Earnings page within individual career profiles

- 2.4.1.1. <http://ruralinstitute.umt.edu/transition/careerplanning.asp>

### 3. Career Decision Making

#### 3.1. Defining Personal Objectives- [CC] Portfolio Section of Career Preparation: Career and Life Goals

#### 3.2. Defining Career Objectives- [CC] Portfolio Section of Career Preparation: Career and Life Goals

#### 3.3. Goal Setting- [CC] Portfolio Section of Career Preparation: Career and Life Goals

- 3.3.1. [Take Act Practice.pdf](#)
- 3.3.2. <http://www.number2.com/> (Online practice tests)
- 3.3.3. <http://www.vase.k12.il.us/Services/Transition/Articles/GOALSATERGRADUATION.doc>

#### 3.4. Looking at Lifelong Learning- [CC] Portfolio Section for Career Preparation: Postsecondary Plan

- 3.4.1.1. <http://www.vase.k12.il.us/Services/Transition/Articles/RelatingMyEducationToGoals.pdf>

#### 4. Network and Contacts

##### 4.1. Resume and Letters- [CC] Resume Builder in My Portfolio

- 4.1.1.1. <http://www.londoncareers.net/features/smp/smp28052008.htm>
- 4.1.1.2. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)

##### 4.2. Interviews- [CC] Save Careers of Interest to My Portfolio

- 4.2.1.1. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.2.1.2. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.2.1.3. <http://www.vase.k12.il.us/Services/Transition/Articles/TipsForRecoveringFromABadInterview.doc>
- 4.2.1.4. <http://www.vase.k12.il.us/Services/Transition/Articles/InterviewRubric-SmartStarttoLandingAJob.pdf>

##### 4.3. Work Search- [CC] Save to My Files in My Portfolio

- 4.3.1.1. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.2. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.3. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.4. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.5. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.6. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.7. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.8. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.9. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.10. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.11. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.12. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.13. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)
- 4.3.1.14. [http://www.illinoisworknet.com/vos\\_portal/?partner=](http://www.illinoisworknet.com/vos_portal/?partner=)

#### 5. Work

##### 5.1. Weighing the Pros and Cons of Work Offers- [CC] Career Profile Information; ICSPS Game-This Could Be Your Life, located on each students portfolio homepage.

- 5.1.1.1. <http://career.missouri.edu/students/explore/thecareerinterestsgame.php>
- 5.1.1.2. <http://thinkquest.org/en/projects/index.html>
- 5.1.1.3. <http://thinkquest.org/pls/html/think.help?id=199737>
- 5.1.1.4. <http://www.idonresources.com/ct/example.html>
- 5.1.1.5. <http://www.irs.gov/app/understandingTaxes/index.jsp>
- 5.1.1.6. <http://www.realgame.com/usa.html>

##### 5.2. Retaining a Job/Success at Work

- 5.2.1.1. <http://www.jobbankusa.com/jobret.html>
- 5.2.1.2. [http://humanresources.about.com/od/retention/Retention\\_of\\_Employees\\_Tips\\_and\\_Tools\\_for\\_Employee\\_Retention.htm](http://humanresources.about.com/od/retention/Retention_of_Employees_Tips_and_Tools_for_Employee_Retention.htm)
- 5.2.1.3. <http://www.nwm.org/jobretention.asp>

#### 6. Re-Evaluating the Plan

Modified from the 2002-03 eManual from the University of Waterloo's Career Exploration program:

<http://www.cdm.uwaterloo.ca/index2.asp>

*"I desire that there be as many different persons in the world as possible; I would have each one be very careful to find out and preserve his own way." – Thoreau*

If you have other favorites please share them at [wolfes@vase.k12.il.us](mailto:wolfes@vase.k12.il.us) or [sandym1234@vase.k12.il.us](mailto:sandym1234@vase.k12.il.us)