And the little one said, move over, move over…
On My Way Transitional Care Pilot

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When Transition Is Ineffective…

Objectives
- Define the Six Core Elements of Transition
- Identify coding/billing opportunities and supportive documentation needed for transition encounters.
- Explain ways to increase understanding and familiarity of EHR tools which were created for pediatric providers transitioning patients from their practice.
Slide 4

Transitioning Youth to An Adult Health Care Provider
Six Core Elements of Health Care Transition 2.0

1. Transition Policy
2. Transition Tracking and Monitoring
3. Transition Readiness
4. Transition Planning
5. Transfer of Care
6. Transfer Completion

Slide 5

Element 1
Position Statement

Slide 6

Element 1
Position Statement

- The term “transition” in this context refers to a process of moving from one level of care to another, typically from pediatric to adult care. This involves a gradual shift in the healthcare provider and management of care.

- Transition readiness is crucial to ensure that adolescents and young adults are well-prepared for the transition to adult care. This includes identifying needs, developing a plan, and ensuring a smooth transition.

- Transfer of care involves formalizing the transition process by documenting the transfer plan, summarizing the medical history, and establishing communication lines between the pediatric and adult care providers.

- Transfer completion includes the finalization of the transition process, such as updating medical records, ensuring the patient understands their new responsibilities, and following up to ensure a successful transition.

- In addition to medical needs, emotional and psychological support is vital during the transition period. This may involve counseling services and support groups.

- It is important for healthcare providers to collaborate closely with patients and their families during the transition process. Regular communication and involvement in decision-making can help ensure a seamless transition.
Additional tracking options

- Adding transition to problem list in EHR – comment section can be used for goals/issues to address at next visit
- Excel spreadsheet, or office record if EHR not available

Element 3
Readiness Assessment

Transition Readiness Assessments
Additional Transition Tools
• TRxANSITION Index ™
  − 10-domain, 32-item questionnaire measuring transition readiness
  − Validated tool
  − Measures
    • Type of chronic health condition
    • Rx/Medications
    • Adherence
    • Nutrition
    • Self-management skills
    • Issues of reproduction
    • Trade/school
    • Insurance
    • Ongoing support
    • New health care providers

Additional Transition Tools
• STARx Questionnaire
  − Overall transition readiness
  − 3 Subdomains
    • Communication with medical provider
    • Disease knowledge
    • Self-Management
  − 3 Versions
    • Patients in Pediatric settings
    • Patients in Adult-focused settings
    • Parent version
Additional Transition Tools

- Transition Readiness Assessment Questionnaire (TRAQ)
  - 20 items, 5 domains
  - Managing medications
  - Appointment keeping
  - Tracking health issues
  - Talking with providers
  - Managing daily activities

Element 4
Transition Planning

Transition Plan
Models of Care Transfer
Pediatric diseases where there are both pediatric and adult subspecialty providers available (e.g. pediatric rheumatology)

Pediatric Primary Care    Adult Primary Care
Subspecialty Care——>Subspecialty Care

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Element 5
Transfer of Care

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EMR Transition Documentation Tools
Complex Medical Summary Letter

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14 yo female presents for WCC
No chronic conditions
Vaccines up to date
Presents to office with mother

MD/APN performs the following:
- Update problem list and medical history
- Complete PE
- Provide Anticipatory Guidance and risk factor reduction counseling
- Teen and mother separately complete a score able Transition Readiness Assessment form
- MD/APN reviews scale and discusses a few youth specific self-care skill needs as identified by youth and parent and documents same in note