

Lake County Center for Independent Living

- ▶ **Catch 'em while they're Young!**
- ▶ Contact us:
 - Address:** 377 N Seymour Ave. Mundelein, IL 60060
 - Website:** www.lccil.org
 - Phone:** 847-949-4440
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Goal of Program

- ▶ To prepare youth for transition into adulthood.
 - ▶ Job Exploration Training
 - ▶ Workplace Readiness Training
 - ▶ Work Based Learning
 - ▶ Post-Secondary Counseling
 - ▶ Instruction in Self-Advocacy

Class Format

- ▶ Taught in High Schools and Transition sites during the school day.
- ▶ Class meets once a week for about 1 hour.
- ▶ Program runs September to May.
- ▶ Class size vary-12 students per class on average.

ADVOCACY

- ▶ Self
- ▶ Community
- ▶ Systems

Communication

- ▶ Verbal
- ▶ Nonverbal
- ▶ Written
- ▶ Negotiation
 - ▶ Passive
 - ▶ Aggressive
 - ▶ Assertive

I.E.P. IN 10 STEPS

1. Begin By greeting everyone and stating the purpose of the meeting.

2. Review how you have been doing in school.

3. Request input from other participants in the meeting.

4. NOTE TO STUDENT:

- ▶ Ask questions if you don't understand something that is said.

5. Identify your goals for when you graduate from school.

6. Identify your goals for this year.

7. Identify what support you need to be successful.

8. Summarize your goals.

9. Review support needs and finalize program.

10. Conclude meeting.

Goal Setting

- ▶ **Set the goal:**
 - ▶ Get a summer job
 - ▶ Be fluent in a second language
 - ▶ Appear on “Dancing with the Stars”

Is it possible?

- ▶ **Realistic**-Can happen
- ▶ **Unrealistic**-Slim chance it will happen
- ▶ Can it be completed by the end of April?