



# Illinois Self-Advocacy Alliance, Inc. Services

**"We want to learn skills;  
we want to make changes; and  
we want to help others."**



**All services are in support of people with intellectual and developmental disabilities, family members, guardians, professionals and allies.**

- Advocate Bureau
  - Matching self advocate content experts with entities in need of presenters, board members, workgroup participants, etc.
- Member Group Chapter support
  - Ongoing support for self advocacy groups
- Support for all people with disabilities including those:
  - in transition (ages 18-22)
  - who identify as LGBTQIA (lesbian, gay, bi-sexual, queer/questioning, intersex, asexual)
  - living in congregate care settings
  - from linguistically diverse communities
- Virtual and in-person advocacy and learning opportunities

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**Service information:** All services are universally designed and free of charge. Presentations are virtual and approximately 1 hour in length; they are interactive, meet a variety of learning styles, and are co-presented by a self-advocate and Alliance staff. Presentations are eligible for Continuing Education Units (CEU's).

Accommodations include American Sign Language (ASL), real time captioning and Spanish when requested.

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If you are interested in any of the above services or presentations, please contact: [info@selfadvocacyalliance.org](mailto:info@selfadvocacyalliance.org).

## Alliance Presentations

**Speak Up for Self-Advocacy** (designed for self-advocates, family members, guardians, professionals and allies)

Let's learn about Self-Advocacy! Together we will solve the self-advocacy puzzle by learning about the different pieces ~ who, what, when, where, how, why ~ needed to speak up and speak out for your life!

**Let's Start a Self-Advocacy Group** (designed for self-advocates, support staff and allies)

Let's learn together about the ABC's and 1-2-3's of starting a self-advocacy group. From the pieces of the self-advocacy puzzle to holding the first meeting, you will learn tips and techniques to take your self-advocacy program to the next level!

**Empowerment Through Individual Rights, Independence and Social Relationships** (designed for professionals, support staff and allies)

This presentation provides guidance and support on how to promote independence and self-determination. It also shares resources to support individuals in developing and managing money, schedules and social relationships.

**Alliance Ambassador Facilitator Training** (designed for support staff, professionals, and allies)

Learn how to facilitate the Alliance Ambassador Leadership Program (AALP) wherever you are! AALP is a 6 section program for individuals with disabilities to learn about leadership, presentation skills and advocacy.



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The Alliance is proud to be an initiative of the  
[Illinois Council on Developmental Disabilities](http://www.icdd.org)